

Digital Decluttering: 11 Days to Organize, Simplify and Streamline Your Online Life

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Digital Decluttering: 11 Days to Organize, Simplify and Streamline Your Online Life: Create space for more joy, calm, and mental well-being as you embark on a digital reset guided by bestselling author, podcaster, and newsletter creator Emma Gannon. Having experienced the challenges of a growing and busy digital life, Emma shares her journey of reclaiming control over notifications, inboxes, and the overwhelming array of digital content. Now, she's here to help you declutter your digital world and find joy offline.

In this 11-day digital decluttering class, Emma will empower you to:

- Manage your email inbox and calendar efficiently with optimized folders and color coding.
- Analyze and establish boundaries around your social media and media consumption.
- Streamline your digital devices by deleting unnecessary apps, photos, and music while organizing what matters.
- Enhance your digital security by managing passwords effectively and tracking your expenses.

Drawing on her decade-long experience in the virtual world, Emma understands the challenges of feeling overwhelmed and aims to guide you in simplifying your digital life. Whether you're a business owner looking to streamline your digital presence or someone aiming to reduce screen time, Emma will lead you through practical steps to dominate your digital life positively.

You'll gain insights into:

- Managing email and calendar systems.
- Analyzing and optimizing social media usage.
- Decluttering digital devices effectively.
- Enhancing digital security and financial tracking.

Emma shares her journey, providing a behind-the-scenes look at her processes, ultimately leading to greater mental well-being and personal success. No matter your digital proficiency, this class is for anyone desiring to declutter their digital life. Grab your phone, computer, and notebook for reflection, activities, and note-taking. Join Emma on this transformative journey and leave the class renewed, refreshed, and ready to spend more meaningful time offline.



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