



Loose Watercolor Florals: Letting Go of Perfectionism in Your Art

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Loose Watercolor Florals: Letting Go of Perfectionism in Your Art: If the pressure to achieve perfect paintings or the fear of ruining compositions and wasting art supplies has been holding you back, this class is tailor-made for you!

Focused on painting loose florals, this course begins by covering watercolor basics. It incorporates self-care techniques to help you release the grip of perfectionism in your artistic endeavors. It's not just about creating beautiful artwork; it's about embracing the entire process with joy and letting go of the anxiety that your art may not be "perfect."

In addition to guiding you through the steps of painting loose florals, this class provides practical exercises to warm you up and boost your confidence, progressively leading to the creation of a final piece. The class revolves around two main aspects:

Self-care skills:

- Understanding perfectionism
- Letting go of unrealistic expectations
- Practicing relaxation through breathing exercises
- Shifting your mindset
- Finding pleasure in the art creation process, not just the result

Watercolor skills:

- Mastering water control, color value, and paint consistency
- Exploring familiar brushstrokes and floral shapes
- Utilizing complementary colors and maintaining color vibrancy
- Incorporating texture and shadow in floral paintings

This class is designed for everyone, from beginners seeking to grasp the basics to experienced artists looking to rediscover the joy in their craft. Regardless of your skill level, you'll find delight in the entire class as you let go of inhibitions and play with watercolor!



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