



## Posing Basics by Daria Bulavina

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**Posing Basics by Daria Bulavina:** Master the art of photo posing with this comprehensive mini-course for photographers. Learn to accentuate strengths and conceal flaws using poses and angles, ensuring that every frame captures the best version of your subjects, whether with a professional camera or a smartphone.

### Course Highlights:

- Suitable for both professional camera and smartphone photographers
- Essential for understanding posing rules and framing techniques
- Learn to communicate and guide models for optimal results effectively

### Mini-Course Content:

- Seven lessons on posing and style
- Two bonus lessons covering framing rules and portrait angles
- Comprehensive lesson notes for easy reference

### Topics Covered:

- Close-up techniques: Choosing angles considering the model's appearance
- Interacting with models during a shoot
- Accentuating figure advantages and concealing flaws
- Proper hand placement and positioning
- Considerations when selecting clothes for portrait photography
- Style, observation, and creating mood boards
- Capturing a Sincere Smile: Secrets and Emotion Life Hacks
- Rules and principles for framing photographs
- Selecting the ideal angle for portrait shots

### What You Will Learn:

- Basic principles of effective posing
- Understanding the nuances in female and male posing
- Identifying common mistakes made by models with little posing experience
- Adapting poses to individuals and specific photography tasks

This mini-course empowers you with the knowledge and skills needed to excel in posing, allowing you to create stunning portraits that showcase your subjects in their best light. Elevate your photography game with this insightful and practical mini-course, perfect for photographers at all levels.



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