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## Film Yourself 101: How to Create a Talking Head Video

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Film Yourself 101: How to Create a Talking Head Video: In this class, you'll learn about the technicalities of filming yourself and creating talking head videos. This class is for beginners who want to know about the process of recording themselves for video. Note that this class will provide an overview of the equipment I use and will not be an extensive tutorial on using any specific piece of equipment.

## Lessons will include topics on:

- Camera Shyness
- Camera Recommendations
- Camera Settings
- Setting Up Good Composition
- Teleprompters
- Audio Equipment
- Lighting Equipment
- Scripted vs Freestyle Talking Head Videos
- And an extensive Editing Walkthrough





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